



Healing Circles - \$200-250/HR

Primary Purpose:

Rebuild staff wellness and resilience.

Activity Overview:

Holding space for staff to debrief and process traumatic events and/or conflicts that impact members of staff and the organization.

Details:

Facilitated conversations regarding highly stressful or traumatic events that impact the organization, like relational ruptures, death & mourning, or other highly emotionally-charged situations (that are recurrent, imminent, from the past that have not been adequately dealt with). The conversations are meant to support situations /circumstances that are fundamentally tied to the healthy alignment and functioning of the organization.

*Access may be dependent on a past relationship with Trauma Transformed or on having participated in a TIS 101 training.

Outcome:

Provide a path for healing, both in terms of self-care and collective care. Re-establish trust, stability, and functionality. Actionable steps to move forward with systemic changes.

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